

CENTRAL UNION SCHOOL DISTRICT
Administrative Regulation

AR 6143 (a)

Instruction
Courses Of Study

Grades 1-6

Courses of study for grades 1-6 shall include the following:

(cf. 6146.5 - Elementary/Middle School Graduation Requirements)

1. English: knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition (*Education Code 51210*)

(cf. 6142.91 - Reading/Language Arts Instruction)

2. Mathematics: concepts, operational skills, and problem solving (*Education Code 51210*)
3. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, including instruction in: (*Education Code 51210*)
 - a. The history, resources, development, and government of California and the United States

Instruction shall include the early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (*Education Code 51204.5, 60040*)

- b. The development of the American economic system, including the role of the entrepreneur and labor
- c. The relations of persons to their human and natural environments
- d. Eastern and western cultures and civilizations
- e. Contemporary issues
- f. The wise use of natural resources

4. Science: biological and physical aspects, with emphasis on experimental inquiry and the place of humans in ecological systems (*Education Code 51210*)
5. Visual and performing arts: instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression (*Education Code 51210*)
6. Health: principles and practices of individual, family, and community health, including instruction at the appropriate grade levels and subject areas in: (*Education Code 51202, 51210*)
 - a. Personal and public safety and accident prevention, including instruction in emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available
 - b. Fire prevention
 - c. The protection and conservation of resources, including the necessity for the protection of the environment
7. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind (*Education Code 51210*)

(cf. 6142.7 - Physical Education and Activity)

Grades 7-8

Courses of study for grades 7-8 shall include the following:

(cf. 6146.5 - *Elementary/Middle School Graduation Requirements*)

1. English: knowledge and appreciation of literature, language, and composition, and the skills of reading, listening, and speaking (*Education Code 51220*)

(cf. 6142.91 - Reading/Language Arts Instruction)

2. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, with instruction in: (*Education Code 51220*)
 - a. The history, resources, development, and government of California and the United States, including instruction in:
 - (1) The early history of California and a study of the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, lesbian, gay, bisexual, and transgender Americans, persons with

disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society (Education Code 51204.5)

3. Physical education: with emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222 (*Education Code 51220*)

(cf. 6142.7 - Physical Education and Activity)

4. Science: physical and biological aspects; emphasis on basic concepts, theories, and processes of scientific investigation and on the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the sciences (*Education Code 51220*)
5. Mathematics: mathematical understandings, operational skills, and problem-solving procedures; algebra (*Education Code 51220, 51224.5*)
6. Visual and performing arts: dance, music, theatre, and visual arts, with emphasis upon development of aesthetic appreciation and creative expression (*Education Code 51220*)
7. HIV/AIDS prevention (*Education Code 51934*)
8. Personal and public safety, accident prevention and health, including instruction in: (*Education Code 51202, 51203*)
 - a. Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available
 - b. Fire prevention
 - c. The protection and conservation of resources, including the necessity for the protection of the environment
 - d. Venereal disease
 - e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body and upon prenatal development

(cf. 5131.6 - Alcohol and Other Drugs)